



Gardens Calendar of Events—January 2021

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
			<p>24 Hour Calendar: 5:00 a.m. Rise and Shine 6:00 a.m. Morning Music 7:00 a.m. Set Tables for Breakfast 7:15 .m. Wash Hands 7:30 a.m. News with Breakfast 8:00 a.m. Wash Hands and Take Medicine 8:30 a.m. Devotion 9:00 a.m. Morning Walk 9:30 a.m. Fall Prevention Exercise</p>	<p>Continued: 10:00 a.m. Juice and Snacks 10:30 a.m. Scheduled Activity 11:15 a.m. Set Tables for Lunch 11:30 a.m. Wash Hands and Take Medicine 12:00 p.m. Lunch with Music 12:30 p.m. Wash Hands and Take Medicine 1:30 p.m. Personal Needs</p>	<p>Continued: 3:15 p.m. Juice and Snacks with Daily News 3:30 p.m. Scheduled Activity 4:30 p.m. Set Table for Dinner 5:00 p.m. Wash Hands/Personal Needs 5:30 p.m. Dinner 6:00 p.m. Wash Hands 6:30 p.m. Mind Joggers in the Living Room 8:00 p.m. Juice and Snacks</p>	<p>Continued: 9:00 p.m. Personal Needs 10:00 p.m. Dress for Bed and Brush Teeth 11:00 p.m. Evening Snacks 12:00 a.m. Midnight Movie/Cards and Hand Massage 2:00 a.m. Music-Classical/Nature Sounds 4:00 a.m. Dominoes/Magazine/Fold Clothes</p>
	<p>4</p> <p>Morning -Daily Chronicle -Soccer -Memory Boxes: Sports</p> <p>Afternoon -Sports Time! -It's Raining, It's Pouring</p> <p>Evening -Doll Therapy -Busy Baskets</p>	<p>5</p> <p>Morning -Daily Chronicle -IN2L Exercise -10:30 am Military Station Remembrance</p> <p>Afternoon 2:00pm Water Memories at the Pool</p> <p>Evening -Freshen Up -Puzzle Play -Sing Song A-Long</p> <p>MANICURES 2:30pm</p>	<p>6</p> <p>Morning -Daily Chronicle -Who Am I? Game</p> <p>Afternoon -Setting Tables -Antique Products</p> <p>Evening -Points of Interest -Listening to Music</p>	<p>7</p> <p>Morning -Daily Chronicle -Chair Exercise</p> <p>Afternoon -2:00pm Movin with Monique</p> <p>Evening -Collage Search Game -Washing Dishes Activity -Countdown -Puzzle Play -Shoulder Massage</p>	<p>8</p> <p>Morning -Daily Chronicle -Ball Toss -Station</p> <p>Afternoon -1:30 pm Bingo -Corn Hole</p> <p>Evening -Reading To Others -Sensory Stimulation</p>	<p>9</p> <p>Morning -Daily Chronicle -Exercise Video -Hand Massages</p> <p>Afternoon -Picnic Music -Coloring Craft -Reading to Others</p> <p>Evening -Spiritual– Hymns -Chicken Soup for the Soul</p>
<p>10</p> <p>Morning -Nondenominational Service Video -Inspirational Music and Coffee -Mini Golf -MC Movie Matinee</p> <p>Evening -Sense of Smell</p>	<p>11</p> <p>Morning -Daily Chronicle -Soccer -Memory Boxes: Sports</p> <p>Afternoon -Sports Time! -It's Raining, It's Pouring</p> <p>Evening -Doll Therapy -Busy Baskets</p>	<p>12</p> <p>Morning -Daily Chronicle -Parachute Play -Kitchen Station</p> <p>Afternoon 2:00pm Water Memories at the Pool</p> <p>Evening -My Favorite Things - Homemaking -Bingo Board Game -Fortune Cookies</p> <p>MANICURES 2:30pm</p>	<p>13</p> <p>Morning -Daily Chronicle -Memory Boxes: Beach</p> <p>Afternoon -Instrument Play</p> <p>Evening -Points of Interest -Popcorn Party</p>	<p>14</p> <p>Morning -Daily Chronicle -IN2L Games</p> <p>Afternoon -Aroma Therapy -2:00pm Movin with Monique</p> <p>Evening -Touch and Tell -Game Time</p>	<p>15</p> <p>Morning -Daily Chronicle -Parachute Play -Mini Golf</p> <p>Afternoon -Balloon Bowling -1:30pm Bingo</p> <p>Evening -Sound Identification -Capitals and States -Lavender Soak</p>	<p>16</p> <p>Morning -Daily Chronicle -Exercise Video -Memory Boxes</p> <p>Afternoon -Sing-a-Long -Rhyme the Word -Kick-It</p> <p>Evening -Spiritual– Hymns -Poetry Reading</p>

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<p>17</p> <p><u>Morning</u></p> <ul style="list-style-type: none"> -Nondenominational Service Video -Inspirational Music and Coffee -Corn Hole <p><u>Afternoon</u></p> <ul style="list-style-type: none"> -MC Movie Matinee <p><u>Evening</u></p> <ul style="list-style-type: none"> -Bingo Board Game 	<p>18</p> <p><u>Morning</u></p> <ul style="list-style-type: none"> -Daily Chronicle -Memory Chain <p><u>Afternoon</u></p> <ul style="list-style-type: none"> -Parachute Play -Doll Therapy -Brush Strokes <p><u>Evening</u></p> <ul style="list-style-type: none"> -Interludes 	<p>19</p> <p><u>Morning</u></p> <ul style="list-style-type: none"> -Daily Chronicle -Thera-Band Exercise -10:30 am Hats and Occupatoins <p><u>Afternoon</u></p> <ul style="list-style-type: none"> -2:00pm Water Memories -Office Helpers -Tic Tac Toe Game <p><u>Evening</u></p> <ul style="list-style-type: none"> -Puzzle Play <p>MANICURES 2:30pm</p>	<p>20</p> <p><u>Morning</u></p> <ul style="list-style-type: none"> -Daily Chronicle -Chair Exercise <p><u>Afternoon</u></p> <ul style="list-style-type: none"> -Snack Time -Card Game <p><u>Evening</u></p> <ul style="list-style-type: none"> -Touch and Tell -Rub Down 	<p>21</p> <p><u>Morning</u></p> <ul style="list-style-type: none"> -Daily Chronicle -Chair Exercise <p><u>Afternoon</u></p> <ul style="list-style-type: none"> -2:00 pm Movin with Monique -Remember When -Countdown <p><u>Evening</u></p> <ul style="list-style-type: none"> -Puzzle Play 	<p>22</p> <p><u>Morning</u></p> <ul style="list-style-type: none"> -Daily Chronicle -Nature Walk -Beanbag Exercise Session <p><u>Afternoon</u></p> <ul style="list-style-type: none"> -Flag Day -Corn Hole -1:30pm Bingo <p><u>Evening</u></p> <ul style="list-style-type: none"> -Sense of Smell -Brush Strokes 	<p>23</p> <p><u>Morning</u></p> <ul style="list-style-type: none"> -Daily Chronicle -Exercise Video -Nature Walk <p><u>Afternoon</u></p> <ul style="list-style-type: none"> -Wind Chimes -Chicken Soup for the Soul <p><u>Evening</u></p> <ul style="list-style-type: none"> -Spiritual– Hymns Music
<p>24</p> <p><u>Morning</u></p> <ul style="list-style-type: none"> -Nondenominational Service Video -Inspirational Music and Coffee -Volleyball <p><u>Afternoon</u></p> <ul style="list-style-type: none"> -MC Movie Matinee <p><u>Evening</u></p> <ul style="list-style-type: none"> -Sensory Stimulation 	<p>25</p> <p><u>Morning</u></p> <ul style="list-style-type: none"> -Daily Chronicle <p><u>Afternoon</u></p> <ul style="list-style-type: none"> -Election Toss-Up -Name That Tune -Bingo Board Game <p><u>Evening</u></p> <ul style="list-style-type: none"> -Sing-a-Long 	<p>26</p> <p><u>Morning</u></p> <ul style="list-style-type: none"> --Daily Chronicle -Parachute Play -Coloring Craft <p><u>Afternoon</u></p> <ul style="list-style-type: none"> -2:00pm Water Memories -Word Search <p><u>Evening</u></p> <ul style="list-style-type: none"> -Yarn Activity <p>MANICURES 2:30pm</p>	<p>27</p> <p><u>Morning</u></p> <ul style="list-style-type: none"> -Daily Chronicle -Ball Squeeze <p><u>Afternoon</u></p> <ul style="list-style-type: none"> -Therapy– Stretches -DVD Show Time <p><u>Evening</u></p> <ul style="list-style-type: none"> -Puzzle Play 	<p>28</p> <p><u>Morning</u></p> <ul style="list-style-type: none"> -Daily Chronicle <p><u>Afternoon</u></p> <ul style="list-style-type: none"> --Who Am I Game -2:00 pm Movin with Monique <p><u>Evening</u></p> <ul style="list-style-type: none"> -Shoulder Massage 	<p>29</p> <p><u>Morning</u></p> <ul style="list-style-type: none"> -Daily Chronicle -Sock Monkey Tic Tac Tow <p><u>Afternoon</u></p> <ul style="list-style-type: none"> -A Day at the Beach Memory Box -1:30pm Bingo <p><u>Evening</u></p> <ul style="list-style-type: none"> Puzzle Play 	<p>30</p> <p><u>Morning</u></p> <ul style="list-style-type: none"> -Daily Chronicle -Head, Shoulders, Knees, and Toes <p><u>Afternoon</u></p> <ul style="list-style-type: none"> -Instrument Play or Name That Tune <p><u>Evening</u></p> <ul style="list-style-type: none"> -Chicken Soup for the Soul
<p>31</p> <p><u>Morning</u></p> <ul style="list-style-type: none"> -Daily Chronicle Inspirational Music and Coffee -Dominoes <p><u>Afternoon</u></p> <ul style="list-style-type: none"> -MC Movie Matinee and Popcorn -Doll Therapy <p><u>Evening</u></p> <ul style="list-style-type: none"> -Sensory Stimulation 		<p><u>KEY</u></p> <p>Blue: Activity Coordinator Led</p> <p>Green: Fitness Coordinator Led</p> <p>Black: Staff Led on the Unit</p>				