

# Wellington Park Calendar of Events July 2021

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
<p><b>CALENDAR COLORS:</b></p> <p>Black: Common Room Area Activities</p> <p>Green: Fitness</p> <p>Purple: Outings</p> <p>Red: Special Events</p>	<p><b>CALENDAR KEY:</b></p> <p>BW: Bridgewater Card Room CA: Creative Arts Studio DP: Danberry Pool FS: Fitness Studio IH: Inverness Hall PDR: Private Dining Room DT: Danberry Theater 1F: Assisted Living First Floor 2F: Assisted Living Second Floor</p>			<p>1</p> <p>9:30AM Chair Exercise-2F</p> <p>10:00AM Exercise in IH</p> <p>10AM Connie Skellie Violin Performance-1F</p> <p>1:30PM Know Thy Neighbor-2F</p> <p>2:00PM \$1 Bingo in IH</p> <p>2:30PM Grab Bag-1F</p> <p>7:00PM Lecture Series in DT</p>	<p>2</p> <p>9:00AM Pool Volleyball</p> <p>10:00AM Exercise</p> <p>9:30AM Fitness</p> <p>Friday-1F</p> <p>10:30AM Walgreens/Fresh Market Trip</p> <p>10:30AM BINGO-1F</p> <p>1:30PM Wacky</p> <p>Table Bowling-2F</p> <p>2PM Water Arthritis in DP</p>	<p>3</p> <p>10:00AM Resident Delight Packets</p> <p>10:00AM Bible Study in CA</p> <p>1:00PM Wii Sports in FS</p> <p>1:30PM Mahjong Card Game in BW</p>
<p>4 <i>Independence Day</i></p> <p>10:00AM Resident Delight Packets</p> <p>10:00AM Protestant Church Service in IH</p> <p>10:30AM Catholic Church Service in CA</p> <p>11:30AM July 4th Brunch</p> <p>1:00PM Resident Choice Games in CA</p>	<p>5</p> <p>9:00AM Pool Aerobics in DP</p> <p>9:00AM Walmart Trip</p> <p>10:00AM Exercise in IH</p> <p>11:30AM Lunch and Learn</p> <p>1:00PM Hand and Foot Card Game in BW</p> <p>2:00PM Water Arthritis Class in DP</p>	<p>6</p> <p>9:00AM Pool Volleyball in DP</p> <p>9:30AM Chair Exercise-1F</p> <p>10:00AM Exercise in IH</p> <p>10:30AM TRIVIA-1F</p> <p>1:30PM Manicures w/Jamie-2F</p> <p>2PM Luke Turner Piano Concert in IH</p> <p>3:30PM Balance Class</p>	<p>7</p> <p>9AM Wellness Wednesday-1F</p> <p>9:00AM Pool Aerobics in DP</p> <p>9:30AM Bank Trip</p> <p>10AM Painting w/Darcy-1F</p> <p>10:00AM Exercise in IH</p> <p>1:30PM Balloon Bop-1F</p> <p>2:00PM Chair Volleyball in IH</p> <p>2:30PM Rummikub-2F</p> <p>3:30PM Step Aerobics in IH</p>	<p>8</p> <p>9:30AM Chair Exercise-1F</p> <p>10:00AM Exercise in IH</p> <p>10:30PM Familiar Phrases-1F</p> <p>11:30AM Lunch and Learn</p> <p>1:30PM Around the World Happy Hour-2F</p> <p>2:00PM Patriotic Craft in CA</p> <p>2:30PM BINGO-1F</p> <p>7:00PM Lecture Series in DT</p>	<p>9</p> <p>9:00AM Pool Volleyball</p> <p>9:30AM Fitness Friday-1F</p> <p>10:00AM Exercise</p> <p>10:30AM Breakfast For Your Brain-1F</p> <p>10:30AM Walgreens/Fresh Market Trip</p> <p>11:30AM Activities Meeting Private Dining Room</p> <p>1:30PM Name Game-2F</p> <p>2PM Water Aerobics in DP</p>	<p>10</p> <p>10:00AM Resident Delight Packets</p> <p>10:00AM Bible Study in CA</p> <p>1:00PM Wii Sports in FS</p> <p>1:30PM Mahjong Card Game in BW</p> <p>2PM Saturday Movie Surprise</p> <p>7:00PM Movie Night in DT</p>
<p>11</p> <p>10:00AM Resident Delight Packets</p> <p>10:00AM Protestant Church Service in IH</p> <p>10:30AM Catholic Church Service in CA</p> <p>1:00PM Resident Choice Games in CA</p> <p>5:00PM Sunday Social in Bistro</p>	<p>12</p> <p>9:00AM Pool Aerobics in DP</p> <p>9:00AM Walmart Trip</p> <p>9:30AM Chair Exercise-1F</p> <p>10:00AM Exercise in IH</p> <p>11:30AM Women's Group Lunch-PDR</p> <p>1:00PM Hand and Foot Card Game in BW</p> <p>1:30PM Rhyming Words-1F</p> <p>2PM Water Arthritis in DP</p> <p>3:30PM Step Aerobics in IH</p>	<p>13</p> <p>9:00AM Pool Volleyball in DP</p> <p>9:30AM Chair Exercise-1F</p> <p>10:00AM Exercise in IH</p> <p>10:30AM Famous Faces-1F</p> <p>11AM Birmingham Museum of Art Trip</p> <p>2:30PM Rummikub-2F</p> <p>3:30PM Balance Class in IH</p> <p>6:30PM PM Pinot and Paint in CA</p>	<p>14</p> <p>9AM Wellness Wednesday-1F</p> <p>9:00AM Pool Aerobics in DP</p> <p>9:30AM Bank Trip</p> <p>10:00AM Exercise in IH</p> <p>10AM Bible Study-2F</p> <p>1:30PM BINGO &amp; Birthday Party-1F</p> <p>2:00PM Chair Volleyball in IH</p> <p>2:30PM Marshmallow Throw-2F</p> <p>3:30PM Step Aerobics in IH</p>	<p>15</p> <p>9:30AM Chair Exercise-1F</p> <p>10:00AM Exercise in IH</p> <p>10:30AM Words in Words-1F</p> <p>1:30PM Throwback Thursday: Sound of Music-2F</p> <p>2:00PM Book Club 3rd Floor Card Room</p> <p>3:30PM Balance Class in IH</p> <p>7:00PM Lecture Series in DT</p>	<p>16</p> <p>9:00AM Pool Volleyball</p> <p>9:30AM Fitness Friday-1F</p> <p>10:00AM Exercise</p> <p>10:30AM Breakfast For Your Brain-1F</p> <p>10:30AM Walgreens/Fresh Market Trip</p> <p>1:30PM Seated Soccer-2F</p> <p>2PM Water Aerobics in DP</p> <p>6:30PM Casino Night in IH</p>	<p>17</p> <p>10:00AM Resident Delight Packets</p> <p>10:00AM Bible Study in CA</p> <p>1:00PM Wii Sports in FS</p> <p>1:30PM Mahjong Card Game in BW</p> <p>7:00PM Movie Night in DT</p>

# Wellington Park Calendar of Events July 2021



Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
18	19	20	21	22	23	24
10:00AM Resident Delight Packets 10:00AM Protestant Church Service in IH 10:30AM Catholic Church Service in CA 1:00PM Resident Choice Games in CA	9:00AM Pool Aerobics in DP 9:00AM Walmart Trip 9:30AM Chair Exercise-1F 10:00AM Exercise in IH 10:30AM TRIVIA -1F 1:00PM Guest Speaker Arnold Mooney-State Representative in IH 1:30PM Tell A Story-2F 2PM Water Arthritis in DP	9:00AM Pool Volleyball in DP 9:30AM Chair Exercise-1F 10:00AM Exercise in IH 10:30AM Breakfast for your Brain-1F 1:30PM Manicures w/Jamie-1F 3:30 Happy Hour w/ Alexander Music Duo 3:30PM Balance Class in FS	9:00AM Pool Aerobics in DP 9:30AM Wellness Wednesday-1F 9:30AM Bank Trip 10AM Bible Study-2F 10:00AM Exercise in IH 1:30PM Seated Soccer-1F 2:00PM Chair Volleyball in IH 2:30PM BINGO-2F 3:30PM Step Aerobics in IH	9:30AM Chair Exercise-1F 10:00AM Exercise in IH 10:30AM Have You Ever?-1F 3:30PM Balance Class in IH 1:30PM Doughnuts & Coffee-2F 2:00PM Piano Concert with Kathy O'Connor 2:30PM Pizza Toss-2F 7:00PM Lecture Series in DT	9:00AM Pool Volleyball 9:30AM Fitness Friday-1F 10:00AM Exercise in IH 10:30AM Breakfast for your Brain-1F 10:30AM Walgreens/Fresh Market Trip 1:00 PM Olympic Scavenger Hunt with Closing Ceremonies at 3:30PM in IH 1:30PM Rummikub-2F 2PM Water Arthritis in DP 6:30PM \$1 Bingo in IH	10:00AM Resident Delight Packets 10:00AM Bible Study in CA 1:00PM Wii Sports in FS 2PM Saturday Movie Surprise 7:00PM Movie Night in DT
25	26	27	28	29	30	31
10:00AM Resident Delight Packets 10:00AM Protestant Church Service in IH 10:30AM Catholic Church Service in CA 1:00PM Resident Choice Games in CA	9:00AM Pool Aerobics in DP 9:00AM Walmart Trip 9:30AM Chair Exercise-1F 10:00AM Exercise in IH 10AM Rummikub-1F 1:00PM Hand and Foot Game in BW 1:30PM BINGO-2F 2PM Water Arthritis in DP 3:00PM Men's Group in Bistro	9:00AM Pool Volleyball in DP 9:30AM Chair Exercise-1F 10:00AM Exercise in IH 10:30AM TRIVIA-1F 1:30PM Around the World-2F 1:30PM Mahjong Card Game in BW 2PM Karaoke & Cookies in IH 3:30PM Balance Class in IH	9:00AM Pool Aerobics in DP 9:30AM Wellness Wednesday-1F 9:30AM Bank Trip 10AM Bible Study-2F 10:00AM Exercise in IH 1:30PM Arts & Crafts-1F 2:00PM Chair Volleyball in IH 2:30PM Resident Choice Games-2F 3:30PM Step Aerobics in IH	9:30AM Chair Exercise-1F 10:00AM Exercise in IH 10:30AM Happiness Playlist-1F 1:30PM Wellington Park General Store Redemption in WP Studio 3:30PM Balance Class in IH 7:00PM Lecture Series in DT	9:00AM Pool Volleyball 9:30AM Fitness Friday-1F 10:00AM Exercise in IH 10:30AM Breakfast for your Brain-1F 10:30AM Walgreens/Fresh Market Trip 1:30AM Active Games-2F 2PM Water Aerobics in DP 6:30PM \$1 Bingo in IH	10:00AM Resident Delight Packets 10:00AM Bible Study in CA 1:00PM Wii Sports in FS 7:00PM Movie Night in DT