


The Gardens Calendar of Events - December 2018

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
<p>Black: Resident Aides lead the activity</p> <p>Blue: Activity Coordinator leads the activity</p> <p>Green: Fitness Coordinator leads the activity</p>						<p>1</p> <p>9:00 a.m. Current Events & Coffee</p> <p>10:00 a.m. Exercise with Videos</p> <p>10:45 a.m. Music Listening</p> <p>2:00 p.m. Nature Walk</p> <p>3:30 p.m. Toss & Throw</p> <p>6:00 p.m. Chicken Soup for the Soul Stories</p>
<p>2</p> <p>9:00 a.m. Current Events & Coffee</p> <p>9:30 a.m. Catholic Communion Service</p> <p>10:00 a.m. IH Protestant Church Service</p> <p>10:00 a.m. Bible Study with Daphney</p> <p>11:00 a.m. Exercise Video</p> <p>2:00 p.m. Interactive Music Performance</p> <p>4:00 p.m. Sing Along</p>	<p>3</p> <p>9:00 a.m. Current Events & Coffee</p> <p>10:00 a.m. Exercise with Noodles</p> <p>10:30 a.m. Noodleball</p> <p>2:15 p.m. Water Memories with Cleo</p> <p>3:30 p.m. Basketball</p> <p>6:00 p.m. Parachute Game</p>	<p>4</p> <p>9:00 a.m. Current Events & Coffee</p> <p>9:30 a.m. Beauty Shop</p> <p>10:00 a.m. Manicures & Hand Massages</p> <p>2:00 p.m. Word Search</p> <p>3:30 p.m. Christmas Coloring Sheets</p>	<p>5</p> <p>9:00 a.m. Current Events & Coffee</p> <p>10:00 a.m. Music with George Winter</p> <p>3:30 p.m. Arts & Crafts</p> <p>6:00 p.m. Chicken Soup for the Soul</p>	<p>6</p> <p>9:00 a.m. Current Events & Coffee</p> <p>10:00 a.m. Bible Study with Daphney</p> <p>11:00 a.m. Circuit Training with Cleo</p> <p>2:00 p.m. Donut Social</p> <p>3:30 p.m. Sing Along</p> <p>6:00 p.m. Ball Toss</p>	<p>7</p> <p>9:00 a.m. Current Events & Coffee</p> <p>9:30 a.m. Beauty Shop</p> <p>10:00 a.m. Outing</p> <p>1:30 p.m. Manicures</p> <p>3:30 p.m. Bingo</p> <p>6:00 p.m. Madison's Piano Studio Christmas Performance</p>	<p>8</p> <p>9:00 a.m. Current Events & Coffee</p> <p>10:00 a.m. Exercise with Videos</p> <p>10:45 a.m. Music Listening</p> <p>2:00 p.m. Nature Walk</p> <p>3:30 p.m. Toss & Throw</p> <p>6:00 p.m. Chicken Soup for the Soul Stories</p>
<p>9</p> <p>9:00 a.m. Current Events & Coffee</p> <p>9:30 a.m. Catholic Communion Service</p> <p>10:00 a.m. IH Protestant Church Service</p> <p>10:00 a.m. Hymn Sing-Along</p> <p>11:00 a.m. Exercise Video</p> <p>2:00 p.m. Movie & Popcorn</p> <p>4:00 p.m. Sing Along</p>	<p>10</p> <p>9:00 a.m. Current Events & Coffee</p> <p>10:30 a.m. Pet Therapy</p> <p>2:15 p.m. Water Memories with Cleo</p> <p>3:30 p.m. Golf</p> <p>6:00 p.m. Parachute Game</p>	<p>11</p> <p>9:00 a.m. Current Events & Coffee</p> <p>9:30 a.m. Beauty Shop</p> <p>10:00 a.m. Manicures & Hand Massages</p> <p>2:00 p.m. Music Therapy with Blake</p> <p>6:00 p.m. Pizza Toss</p>	<p>12</p> <p>9:00 a.m. Current Events & Coffee</p> <p>9:30 a.m. Chair Exercise</p> <p>10:00 a.m. Manicures & Hand Massages</p> <p>3:30 p.m. Painting Class: Christmas!</p> <p>6:00 p.m. Chicken Soup for the Soul</p>	<p>13</p> <p>9:00 a.m. Current Events & Coffee</p> <p>10:00 a.m. Bible Study with Daphney</p> <p>11:00 a.m. Circuit Training with Cleo</p> <p>2:00 Spain Park Jazz Band</p> <p>3:30 p.m. Sing Along</p> <p>6:00 p.m. Ball Toss</p>	<p>14</p> <p>9:00 a.m. Current Events & Coffee</p> <p>9:30 a.m. Beauty Shop</p> <p>10:00 a.m. Outing</p> <p>11:30 a.m. Pizza Party!</p> <p>1:30 p.m. Manicures</p> <p>3:30 p.m. Bingo</p> <p>6:00 p.m. Movie & Popcorn</p>	<p>15</p> <p>9:00 a.m. Current Events & Coffee</p> <p>10:00 a.m. Exercise with Videos</p> <p>10:45 a.m. Music Listening</p> <p>2:00 p.m. Nature Walk</p> <p>3:30 p.m. Toss & Throw</p> <p>6:00 p.m. Chicken Soup for the Soul Stories</p>

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Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
16 9:00 a.m. Current Events & Coffee 9:30 a.m. Catholic Communion Service 10:00 a.m. IH Protestant Church Service 10:00 a.m. Hymn Sing-Along 11:00 a.m. Exercise Video 2:00 p.m. Movie & Popcorn 4:00 p.m. Sing Along	17 9:00 a.m. Current Events & Coffee 10:00 a.m. Exercise with Noodles 10:30 a.m. Noodleball 2:15 p.m. Water Memories with Cleo 3:30 p.m. Drum Circle with Walker Wright 6:00 p.m. Parachute	18 9:00 a.m. Current Events & Coffee 9:30 a.m. Beauty Shop 10:00 a.m. Manicures & Hand Massages 2:00 p.m. Word Search 3:30 p.m. Hot Chocolate & Singing 6:00 p.m. Pizza Toss	19 9:00 a.m. Current Events & Coffee 10:00 pm Line Dancing Exhibition 3:30 p.m. Arts & Crafts 6:00 p.m. Chicken Soup for the Soul	20 9:00 a.m. Current Events & Coffee 10:00 a.m. Bible Study with Daphney 11:00 a.m. Circuit Training with Cleo 2:00 p.m. Music with Susan Lawrence 6:00 p.m. Ball Toss	21 9:00 a.m. Current Events & Coffee 9:30 a.m. Beauty Shop 9:30 a.m. Outing 1:30 p.m. Manicures 3:30 p.m. Bingo 6:00 p.m. Movie & Popcorn	22 9:00 a.m. Current Events & Coffee 10:00 a.m. Exercise with Videos 10:45 a.m. Music Listening 2:00 p.m. Nature Walk 3:30 p.m. Toss & Throw 6:00 p.m. Chicken Soup for the Soul Stories
23 9:00 a.m. Current Events & Coffee 9:30 a.m. Catholic Communion Service 10:00 a.m. IH Protestant Church Service 10:00 a.m. Bible Study with Daphney 11:00 a.m. Exercise Video 2:00 p.m. Movie & Popcorn 4:00 p.m. Sing Along	24 9:00 a.m. Current Events & Coffee 10:00 a.m. Exercise with Noodles 10:30 a.m. Noodleball 2:15 p.m. Water Memories with Cleo 3:30 p.m. Basketball 6:00 p.m. Parachute Game	25 9:00 a.m. Current Events & Coffee 10:00 a.m. Exercise video 2:00 p.m. Christmas Movie & Popcorn 	26 9:00 a.m. Current Events & Coffee 9:30 a.m. Chair Exercise 10:00 a.m. Manicures & Hand Massages 11:30 p.m. Birthday Celebration 3:30 p.m. Crafts 6:00 p.m. Chicken	27 9:00 a.m. Current Events & Coffee 10:00 a.m. Bible Study with Daphney 11:00 a.m. Circuit Training with Cleo 2:00 p.m. Sing Along 3:30 p.m. Finish Lines Game and Hot Chocolate 6:00 p.m. Ball Toss	28 9:00 a.m. Current Events & Coffee 9:30 a.m. Beauty Shop 9:30 a.m. Outing 1:30 p.m. Manicures 3:30 p.m. Bingo 6:00 p.m. Movie & Popcorn	29 9:00 a.m. Current Events & Coffee 10:00 a.m. Exercise with Videos 10:45 a.m. Music Listening 2:00 p.m. Nature Walk 3:30 p.m. Toss & Throw 6:00 p.m. Chicken Soup for the Soul Stories
30 9:00 a.m. Current Events & Coffee 9:30 a.m. Catholic Communion Service 10:00 a.m. IH Protestant Church Service 10:00 a.m. Hymn Sing-Along 11:00 a.m. Exercise Video 2:00 p.m. Movie & Popcorn	31 9:00 a.m. Current Events & Coffee 10:00 a.m. Exercise with Noodles 10:30 a.m. Noodleball 2:15 p.m. Water Memories with Cleo 3:30 p.m. New Years Celebration 6:00 p.m. Parachute	Black: Resident Aides lead the activity Blue: Activity Coordinator leads the activity Green: Fitness Coordinator leads the activity				